

## **Course Facilitator**



Mrs. Anne Kasa
Instructional Technology Coach
Learning Technology Center of Illinois

Anne is an instructional technology coach with a passion for SEL and mindfulness practices for children and adults. She supports best practices in core curricular areas with the Learning Technology Center and southern Cook County school districts. She works one on one with teachers, grade-level teams, building staff meetings, and district level trainings. In addition to being a certified SEL educator and facilitator, Anne is a yoga teacher (RYT 200) and mindfulness practitioner.

Anne began her career as a 6<sup>th</sup> grade classroom teacher then taught grades spanning from 2<sup>nd</sup> grade – middle school. She was also a PK-5th grade reading specialist/literacy coach, and an instructional coach in a PK-4th grade building.

As a Character Education Certificate facilitator, Anne works with educators to build their personal practice before synthesizing that understanding and philosophy with their current classroom practices.